

# FDA ROUNDING RULES COMPLIANCE CHECKLIST

1

## Calories:

- If < 5 cal, express as 0
- If ≤50 cal, express to nearest 5 cal increment
- If > 50 cal, express to nearest 10 cal increment

2

## Total Fat:

- If < 5 cal, express as 0

3

## Saturated Fat:

- If < 5 g, express to nearest 0.5g increment
- If ≥5 g, express to nearest 1 g increment

4

## Cholesterol:

- If < 2 mg, express as 0
- If 2 - 5 mg, express as “less than 5 mg”
- If > 5 mg, express to nearest 5 mg increment

5

## Sodium:

- If < 5 mg, express as 0
- If 5 - 140 mg, express to nearest 5 mg increment
- If > 140 mg, express to nearest 10 mg increment

6

## Total Carbohydrate:

- If < .5 g, express as 0

7

## Dietary Fiber:

- If < 1 g, express as “Contains less than 1 g” or “less than 1 g”

8

## Sugars:

- If ≥1 g, express to nearest 1 g increment

9

## Protein:

- If < .5 g, express as 0
- If < 1 g, express as “Contains less than 1 g” or “less than 1 g” or to 1 g if .5 g to < 1 g
- If ≥1 g, express to nearest 1 g increment.

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## Vitamins & Minerals (% DV):

- If < 2% of RDI, ensure various expressions are compliant
- If ≤10% of RDI, express to nearest 2% DV increment
- If > 10% - 50% of RDI, express to nearest 5% DV increment
- If > 50% of RDI, express to nearest 10% DV increment